(First and foremost, Thank You to everyone who brought food and their smiling faces to our pot-luck. It was a blessing to be able to once again fellowship with a meal. Pam and I also extend a heartfelt Thank You to those who gave us cards and gifts for Pastor Appreciation. We are beyond blessed to be at Highland and part of such a loving body of believers. Thank you, again.)

I have begun a series of sermons in our Sunday Worship services based on the book "The Lies We Believe" by Dr. Chris Thurman. In this book Dr. Thurman outlines the lies we believe about ourselves, relationships, life, men, women, and, most important, God. In the conclusion of the book, he reveals the essential truths for emotional well being and the truth about God—the ultimate source of Truth. After studying this book, I discovered how what we believe effects who we are and what we do.

The lies we develop as beliefs and practices can come from internal or external forces which steer us in those directions. Often the lies are the results of a deep seeded root cause. In a book published by The Institute in Basic Youth Conflicts we can learn about two of the problems and causes of how these 'lies' become 'truths' in our minds.

Surface Problems- These problems are visible to other people. Sometimes it is clear what the deeper problems are, and sometimes the visible manifestation is very deceiving.

Surface Causes- These problems are experienced within the emotions and feelings. Often they are not revealed to others or are revealed in confusing ways.

Root Problems- The problems are actually at the source of multitudes of surface problems and surface causes. When these are solved many surface problems and causes are resolved.

Root Causes- These problems are the result of resisting the power which God gives to follow His principles of lifeboth temporal and eternal.

With scripture study, prayer and allowing the Holy Spirit to direct our paths, we can relearn or reprogram our thoughts in to the truths God has intended for us. With the help of the Spirit, we can overcome the causes of destruction and gain a knowledge of the grace, mercy and power of Christ our Lord.

CPWM

CPWM met Monday, October 4th in the Fellowship Hall. Melanie Massie shared the things she learned about Tabitha from Acts 9:36-42. Tabitha, also known as Dorcas, was brought back to life by Peter, which delighted all her friends. She was a disciple who lived for others and had an active living faith. Jeanne gave an update on plans for our menu and setup in the gym for our Bazaar. She stressed the fact that she would like the women of Highland to purchase their lunch tickets this month. We don't want anyone to miss out. Please be in prayer for God's guidance and support for this project.

Since it is Pastor Appreciation Month, we will be presenting Bro. Bud a Legacy Certificate honoring his 1999 CP Ordination during Morning Worship services in October. We also began discussing our Christmas Dinner to be held December 6th. It will be here before we know it!

Our next meeting will be Monday, November 1st in the Fellowship Hall at 10:00 a.m. Please join us and help us plan all these fun events!



Ladies Christmas Luncheon and Bazaar

November 20 at 12 noon. Tickets for the lunch are available for \$10 each. Betty Rushing has the tickets.



Boxes will be distributed Nov. 7 and returned Nov. 28. This year the offering will fund a children's hot lunch program in our six Haitian Cumberland Presbyterian churches. Each of our churches in Haiti's most rural and poor areas have schools on their property.

Session Highlights

Items approved at the October meeting:

- Split the \$7, 424.68 profit from Barbeque off the River between the Church and local charities \$1,000.00 to the Scholarship Fund, 2,712.34 to the Cemetery Fund, Melissa Dumes will be dividing the remaining \$3,712.34 among local charities with a report at the next Session Meeting.
- Add Dean Kauffman and Mike Golightly to our Security Team consisting of Jeff Parker Tanner Parker, and Randy DeHart.
- Purchase cup dispensers for each of the Church's water fountains.
- Send \$200.00 to Gideons International.
- Vacation for Bro Bud October 25 31 and December 27 January 3.
- Allow the DeHart's Boy Scout group to meet in the Outreach Center for winter months
- Shred old financial records and tax documents at \$1/pound at the UPS store.

October Numbers

Financial Record as of October 25, 2021

income - \$ 22,319.87 expenses - \$ 13,924.85

Attendance

October 3 - 71

October 10 - 90

October 17 - 90

October 24 - 92

November Calendar

November 1 - CPWM, 10:00 a.m.

November 12 - Badgett Playhouse trip

November 20 - CPWM Bazaar & luncheon

November 21 - Session Meeting, 2:00 p.m.

Chili Supper and Singing

November 28 - First Sunday of Advent

Ushers - Randy and Debby Hughes,

Jeff Parker, Mike Haynes

Elder - Marlene Wallace

Highlanders Host - Marlene Wallace

New Members

We welcome two new families to Highland:

Tyler and Amber Hayes, Trevan Montgomery and

Ryan and Elizabeth Spann. It is wonderful to have you as a part of our body. Tyler and Amber have another son, Easten. Ryan and Elizabeth are parents of Rory.

Paducah Cooperative Ministry Canned Fruit

Youth News

Dates to Remember

November 5-6 - Fall Retreat

November 18 - 3rd Thursday Hang -

Thanksgiving Cookoff (6th-12th Grade)

December 12 - Youth & Kids Christmas Program

December 15 - 3rd Thursday Hang -

Christmas Party (6th-12th Grade)

Youth Retreat

6th through 12th grades

MINE?? That's the way we like to think about our money, our time, our lives, but God thinks differently, "The earth is the LORD's and the fullness thereof, the world and those who dwell therein."

Join us Friday, Nov. 5 and Saturday, Nov 6 as we learn how following Christ shapes our ideas on our money, our time and our lives.

It is not a lock in. You will need to arrange pick up at 8:00.

November Birthdays

- 1 Mason Wooten
- 5 Melissa Dumes Rev. John Rogers Tammy Wood
- 7 Cindy Robertson
- 8 Emily Johnson Ferrer
- 9 Rev. Doug Hughes
- 10 Suzanna Stoll Szabo
- 12 Madelyn Kauffman
- 13 Roddy Johnson
- 17 Haley Russell Camp
- 19 Tracy Chessor
- 21 Gregg Stoll
- 25 Tina Dodd

November Anniversaries

- 6 Harold and Bernice Belt
- 15 Steve and Diane Shrewsberry