

# HIGHLAND CUMBERLAND PRESBYTERIAN CHURCH

March 2017

*Highland Church reaches out in the name of Jesus Christ building disciples with vision for ministry.*

Spring is fast approaching! I love the change of seasons. Life can be like the seasons, it changes. Just as we adapt to the change of weather, we must adapt to changes in life. Sometimes, when life hits hard, we need to take a good look at where we are spiritually. Just like a good Spring Cleaning around the house, our spirit could use a little Spring Cleaning. Here are some ideas I found for getting into the season.

## 1) Cleanse Your Heart

The Bible encourages us to draw close to God and allow our hearts and bodies to be cleansed. This is the first step in our spring cleaning project. We can't clean ourselves. Instead we must draw near to God and ask Him to do the cleansing.

*Let us draw near to God with a sincere heart in full assurance of faith, having our hearts sprinkled to cleanse us from a guilty conscience and having our bodies washed with pure water. **Hebrews 10:22***

## 2) Clean Out Your Mouth

Spiritual cleansing requires deep cleaning -- it is housekeeping that goes beyond what others see and hear. It's a cleansing from within. As your heart gets clean, your language should follow - not just bad language, but also negative talk and pessimistic thoughts that contradict the Word of God and faith. This includes the challenge to stop complaining.

*The good man brings good things out of the good stored up in his heart, and the evil man brings evil things out of the evil stored up in his heart. For out of the overflow of his heart his mouth speaks. **Luke 6:45***

## 3) Renew Your Mind

This is one of the biggest areas of struggle for most of us -- removing the garbage from our minds. We must feed our minds and spirits the Word of God instead of the garbage of this world.

*Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will. **Romans 12:2***

**4) Repent from Hidden Sin** Hidden sin will destroy your life, your peace, and even your health. When your spiritual closets are clean, the heaviness from hidden sin will lift.

*When I kept silent, my bones wasted away through my groaning all day long. For day and night your hand was heavy upon me; my strength was sapped as in the heat of summer. Then I acknowledged my sin to you and did not cover up my iniquity. I said, "I will confess my transgressions to the LORD"—and you forgave the guilt of my sin. **Psalms 32:3-5***

**5) Release Unforgiveness and Bitterness** Any sin will weigh you down, but long kept unforgiveness and bitterness is like old baggage in the attic you just can't seem to part with. You are so familiar with it, you don't even realize how it is hindering your life.

*Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. **Eph 4:31-32***

**6) Involve Jesus in Your Daily Life** What God wants most from you is relationship. He wants to be involved in all moments of your life. Open your life, let the light of Christ's presence shine into every part, and you'll have no need for a yearly spiritual cleaning. Instead experience daily refreshing of your spirit.

*For you have rescued me from death; you have kept my feet from slipping. So now I can walk in your presence, O God, in your life-giving light. **Psalms 56:1***

**CPWM**

The ladies did not meet in February.  
You are invited to join them at the March meeting, March 13 at 10:00 a.m. There will be lots to discuss including plans for the 2017 Stott-Wallace Fundraiser.

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**Session Notes**

- At the February meeting, we voted on and/or approved:
- Host the ordination service for John Rogers after Easter
  - Bro. Bud will participate in an Emmaus Walk, April 6-9; and take vacation in May
  - Paula Bell will be on vacation April 3-7
  - Participate in Holy Week services at Margaret Hank, April 10-14
  - Participate in an Easter Egg Hunt at the Zion Fellowship
  - Allow Haley Kauffman to make a presentation on Compassion International
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**February Numbers**

Stewardship Report as of February 27, 2017

Receipts	\$ 16,655.54
Disbursements	\$ 37,064.83

**Attendance Record**

Morning Worship  
February 5 – 114  
February 12 – 70  
February 19 – 75  
February 26 – 90

**March Calendar**

March 1 – Ash Wednesday Service, 6:30 p.m.  
March 12 – Day Light Savings time begins  
March 13 – CPWM, 10:00  
March 18 – Covenant Presbytery, Bethel CPC,  
9:00 a.m.  
March 19 – Session Meeting, 2:00 p.m.  
March 23 – Cumberland Pioneers

**Opportunities for Serving, Learning and Giving**

**An Angel’s Road To Success Thrift Store** a ministry of the Margaret Hank CPC is in need of men’s clothing, decorative items and ***volunteers***. Items can be dropped by the store which is in the basement of Margaret Hank any Tuesday, Wednesday, or Thursday between 9:00 – 3:00. Angel’s Road is a 501c3 non-profit with a mission of providing minor automobile repairs and job placement services. Your donations are tax deductible. If you would like to volunteer, call the church at (270) 443-3689 and Wendy will get you on the schedule.

**March Elders**

Melissa Dumes, Velva Mullen

**March Ushers**

Steve and Diane Shrewsberry  
Melissa and Abe Dumes

**40 Days of Love**

During Lent, Bro. Bud will lead a Sunday evening study on *40 Days of Love* by Pastor Rick Warren. We have pre-ordered 15 books at \$9.11 each. There is a companion book, *The Relationship Principles of Jesus* (\$17.59/each). If you are interested in either, contact Bro. Bud.

**Paducah Cooperative Ministry Pantry**

Meal-in-a-can (Beef Stew, Spaghetti-O’s, etc)

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**Highland Cemetery**

Extensive dirt work has been completed at the cemetery. After clearing debris and trees, a new culvert and road were installed; grass seed and straw were also spread. If you haven't seen it, you should. The cemetery is past Highland on the right just before Terre Verte.

Thank you to all who have worked the Barbeque on the River over the years and supported our Cemetery Fund. Your hard work has paid off.

**March Birthdays**

- 3 – Jan Keen
- 8 – Nick Ferrer
  - Marilyn White
- 15 – Nancy Finnell
- 17 – Dr. Clint Hill
  - Seth Hill
- 20 – Andrew Cunningham
- 24 – Diane Shrewsberry
- 28 – Molly Gannaway

**March Anniversaries**

- 5 – Clint and Brenda Cunningham
- 16 – Dick and Elaine Kaye